

Soccer U7-U8 Rules.txt

Town and Country, small-sided soccer rules

1. Ball/Field size: Size 3 soccer ball, 50x30 yard field
2. Number of players on the field: Maximum of 4 per team on the field. There is no goal keeper in 4 v 4 soccer. A minimum of 3 players from each team must be present to start the game.
3. Number of players on the roster: Maximum of 8. Each player SHALL play a minimum of 50% of the total playing time.
4. Substitutions: You may substitute players at the quarter break, on your team's kick-in, after a goal has been scored by either team, on either team's goal kick, or if play is stopped for an injury. You are allowed to borrow other players from the same age-group from another Town and Country team if you are going to be short. Playing ineligible players will result in disciplinary action by the league or state organization.
5. Equipment: Shin guards are required and must be worn inside the sock. Soft-cleated soccer shoes or tennis shoes are allowed. Baseball and football spikes are not allowed. No jewelry (including earrings), watches, hard hair bands or barrettes, or bracelets can be worn.
6. Referees: Game referees are provided by Town and Country. If a referee is not present by game-time, send a parent to the referee assigner room by the concession stands. Only the referee and players--not coaches--are allowed on the field during play.
7. Duration of the game: The game is divided into 4 quarters of 12 minutes. The breaks between the first and second quarters and between the third and fourth quarters shall last only 2 minute each. The half-time break will last five minutes.
8. Kick-offs: Opponents should be five yards from the center mark while the kick-off is in progress. The ball must travel forward before another player touches it. The initial kicker may not kick the ball a second time until it has been touched by another player from either team.
9. Ball in and out of play: The ball is in play until it entirely crosses the touchline or goal line or until the referee stops play.
10. Scoring: The entire ball must cross the goal line between the goal posts and under the cross bar for a goal to be scored. Scores will be recorded. The referee will have the winning coach sign a game card. Coaches should email the game scores to their age-group commissioner after the game. It is each coach's responsibility not to run up the score.
11. Off-side: None; but an attacker may not be stationed inside the other team's goal area. Neither should a defender be permanently placed in a "pseudo-goalie" position. The referee and the field commissioners will be enforcing these guidelines. There are no goal arcs this season.
12. Fouls and misconduct: All fouls will result in an indirect free kick.
13. Free kicks: All free kicks will be indirect. A goal may not be scored from an indirect kick until the ball has been touched by a second player from either team. When a free kick is being taken, the other team's players must remain at least five yards away from the ball (except when the kick is taken within five yards of the goal, in which case defenders may stand on the goal line). No free kicks shall be taken by the attacking team within the defending team's goal area. There are no penalty kicks.
14. Kick-ins: There are no throw-ins. Balls are brought in-bounds with an indirect kick from the side-line.

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15. Goal kicks: A goal kick restarts the game after the ball entirely crosses the goal line (outside the goal) and is last touched by an attacker. The goal kick may be taken from any point on the back line on the side of the goal where the ball went out. Opponents must be five yards away from the ball. The kicker may not play the ball a second time until it has been touched by another player from either team.

16. Corner kicks: A corner kick restarts the game after the ball crosses the goal line (outside the goal) and is last touched by a defender. The ball must be placed inside the corner arc. The kicker may not play the ball a second time until it has been touched by another player of either team. Opponents must be five yards away from the ball.